



Salted Caramel Milkshake

This is a fabulous milkshake that can be whipped up using all freezer and store cupboard ingredients.

Recipe – makes 2 large milkshakes

90ml ready-made caramel treat

1t sea salt flakes

8 scoops good quality vanilla ice cream

1t vanilla extract

2 cups milk

1. Put all of the ingredients apart from a tablespoon of the caramel into the ***Breville Kinetix Blender*** and process on the 'Smoothie' setting until it reaches a thick and smooth milkshake consistency.
2. Smear the reserved caramel on the inside of two tall glasses and then fill with the milkshakes.