

## 8 Minute Strawberry Jam with Orange and Black Pepper

This is a very quick and easy jam with an orange peppery twist that is more about the fruit than the sugar. The strawberries cook on a high heat over a wide surface, which facilitates a rapid moisture loss. However, it doesn't have the same shelf life as jam made the traditional way. In the fridge, it should keep for at least a month.

## Recipe - Makes about 600ml

600g strawberries
2t orange liqueur such as Grand Marnier
2t orange zest
1 cup sugar
2t orange juice
Freshly ground black pepper (about teaspoon)

- Place all the ingredients into the *Breville* Non-Stick Frying Pan cook on the sear setting for 5 minutes, while stirring frequently.
- 2. Reduce it to the number 12 setting and continue to cook for a further 2 3 minutes. Turn off and allow to cool.



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- 3. To test if the jam is ready, place a side plate in the freezer for 5 minutes. Drop a dollop of jam onto the cold plate. Run your finger through the middle and if the jam stays apart and doesn't immediately join back together, it's jammy enough.
- 4. Store in a sterilized glass jar.